FIVE Questions for U-ADE Brand Ambassador and pro soccer player R.J. Allen

1.) How would you describe yourself as a soccer player?

I would describe myself as an attacking fullback. Someone who likes to get forward and join the attack coming out of late spots. I have the ability to cover lots of ground. I am someone who is technically sound, trustworthy, and can not only get forward from the back but defend when isolated 1v1.

2.) What advice would you give a young soccer player who wants to make it to the professional level?

Through hardwork and determination anything can be achieved. You can go as far as your mind lets you. What you believe in you can achieve!

3.) What benefits have you experienced while drinking U-ADE?

Recovery time for my muscles. I feel great the day after matches when drinking U-ADE. It has been a great experience.

4.) How would you compare U-ADE to some of the other sports drinks currently on the market?

I have come across a lot of products in my career but nothing like U-ADE. What's special about this drink is the formula is designed specifically for soccer players who have just gone through a long training session or 90 minute match. It allows me to recover quicker and get back into it the following day.

5.) Would you recommend U-ADE to players at the professional level?

Based on my experience; absolutely. It is a product in which I believe in. It worked for me so I am sure it will work for them!

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